

Rainbow Colours

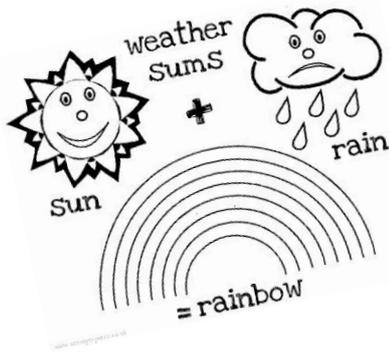


The activities in this Programme link to the Squirrel Smile Award – I'm Learning and help the Squirrels learn the importance of team work!

An introductory activity can be used as the Squirrels arrive at the meeting place – colouring or simple puzzles can keep children occupied until all the Drey arrives or use a 'joining-in' style game, such as 'The farmer wants a wife' or 'Duck, duck, goose' or a circle format ball game. Add snack time where necessary!

TIME (mins)	ACTIVITY	EQUIPMENT
5	Welcome, Register, Opening Ceremony, Introduction to Programme	
10	GAME: Colour Run <ul style="list-style-type: none"> ○ <i>Attach 4 different coloured sheets of card on four corners of the walls of the meeting place</i> ○ <i>Place a cone marker in the centre of the hall - the Squirrels stand at the cone</i> ○ <i>When a Leader calls out a colour the Squirrels run to the right colour.</i> ○ <i>If wished, this could be played as a 'knock-out' style game – whoever is last to the corner is out. Continue until there is a winner!</i> 	Sheets of coloured card Bluetack Cone marker
10	ACTIVITY: Weather Sums During this activity talk about how the sun and rain meeting makes a rainbow! Sun + rain = rainbow – a weather sum! A fun 'weather sums' colouring sheet is available at www.activityexpress.co.uk search under colouring pages for kids (number 00540)	Printed 'weather sums' sheets Art materials
10	STORY: How the Rainbow was made Read the story below (adapted from a version by an unknown author) to help the Squirrels understand that they need to be friends with each other and learn to work together. When they do amazing things can happen!	Story
10	ACTIVITY: Make a Dotty Rainbow Have fun making bright coloured dotty rainbows by dipping mini mallows into paint and splodging them onto paper in an arc shape! <i>NB Squirrels must be told not to eat the painting mallows!</i> Set the pictures aside to dry, ready for home time!	Mini mallows Paper/paints in shallow trays Wipes, newspaper, etc.
10	ACTIVITY: Mallow Treats Have some mallow treats – large marshmallows or chocolate covered mallow teacakes! Haribo 'Chamallows' come in lots of different fruity flavours with a unique Haribo 'Tangfastics' coating!	Large mallows or chocolate covered mallow tea cakes
5	Closing, Home	





How the Rainbow was made

Once upon a time all the colours in the world started to fight with each other.

Each one thought that it was more important and special than any other!

Green said, 'I'm the best because grass, leaves, trees and some vegetables are green.

Animals and people need to eat me to live. Look all over the countryside, nearly everything is green!

Then blue said, 'What about the sky and the sea - they are blue. The sea is water and water falls from the sky when it rains! Without water everything would die! I'm the best!' Yellow started to laugh, 'I'm the colour of the sun, the moon and the stars that bring light to the world. I make everyone feel warm and happy. I am best because I make everyone smile!

'You're wrong', said orange I make everyone happy and healthy. Look at all the delicious fruit and vegetables that are orange! Carrots, pumpkins, oranges, yams, mangoes, butternut squash!! Yummy!!

Red was starting to get cross, 'I'm more important than all of you - red is the colour of blood - if there wasn't any blood all the people and animals would die! I should be the ruler over you all!'

Suddenly purple shouted, 'What! I should be the ruler! Purple is the colour kings, chiefs and bishops wear - they are the most powerful rulers in the whole world and so am I!'

Very quietly and firmly, Indigo said, 'Everyone needs me; I am the colour of calm and quiet. Everything needs a time to rest and think. I give all things silence and a calm place.'

The colours went on fighting, getting louder and louder until suddenly there was a flash of bright lightning and a great boom of thunder! It started to rain very heavily - the colours were frightened and huddled together for comfort.

Rain said, 'What silly colours you are, fighting to find out who is best! Don't you know that you were all made for a special reason? Each of you is unique and different but when you join hands and work together you become really amazing!! From now on every time it rains you will stretch across the sky together making a wonderful arc of beautiful colours! You will be a wonderful rainbow! This will show the world that you can all be friends. Anyone who sees the rainbow will remember that everyone is special and that we all need to be friends even though we are all different!

