

# Full of Beans!



The activities in this Programme link to the Squirrel Smile Awards by getting active playing lots of games!

An introductory activity can be used as the Squirrels arrive at the meeting place – colouring or simple puzzles can keep children occupied until all the Drey arrives or use a 'joining-in' style game, such as 'The farmer wants a wife' or 'Duck, duck, goose' or a circle format ball game.

Add snack time where necessary!

TIME (mins)	ACTIVITY	EQUIPMENT
5	Welcome, Register, Opening Ceremony, Introduction to Programme	
10	<b>GAME: Bean Bag Toss</b> <ul style="list-style-type: none"> <li>○ <i>This can be played as a Drey or in smaller groups</i></li> <li>○ <i>Draw a chalk line on the floor, place the hula hoops on the floor a short distance from the chalk line</i></li> <li>○ <i>The Squirrels, in turn, stand at the chalk line and try to toss the bean bags into the hula hoop!</i></li> </ul>	Bean bags Hula hoops Chalk
10	<b>GAME: Bean Bag Balance</b> <ul style="list-style-type: none"> <li>○ <i>Divide the Drey into teams, standing one team member behind the other, at one end of the hall</i></li> <li>○ <i>In turn, the Squirrels move down the hall balancing a bean bag on their head! Perhaps add a 'cone' obstacle course!</i></li> <li>○ <i>They can hold the bean bag and run back to their team, and then the next team member goes!</i></li> <li>○ <i>The Squirrels have to learn that sometimes they need to go slowly and carefully rather than running fast!</i></li> </ul>	Bean bags Plastic cones
10	<b>ACTIVITY: Baked Beans</b> The Squirrels can create a whole 'tin' of 'baked beans' by dipping their fingers into the orange paint and pressing their finger-tips onto the thin card! Ensure that the card sheets are named and leave to dry – the baked beans will be brought to life later in the meeting by drawing features and limbs on them!	Thin card Orange water based paint Small plastic trays or jam-jar lids Wipes/newspaper/kitchen roll
10	<b>GAME: Jumping Beans</b> <ul style="list-style-type: none"> <li>○ <i>The Drey gets active as they carry out the actions called out by a Leader!</i></li> <li>○ <i>These could include, 'jumping beans' – everyone jumps around! 'Hopping beans' – everyone hops around! 'Star-jumping beans', 'Bunny hopping beans' etc.!</i></li> </ul>	None
5	<b>GAME: Bean Bag Corners</b> <ul style="list-style-type: none"> <li>○ <i>Put a different coloured bean bag in each corner of the hall</i></li> <li>○ <i>The Squirrels run to the colour when it is called!</i></li> </ul>	4 coloured bean bags



5	<b>ACTIVITY: Baked Beans Alive!</b> Allow the squirrels to bring their ‘baked beans’ to life by adding eyes, nose, mouth, hair, arms and legs – as they wish. They might like to give their ‘baked beans’ names!	Black markers
5	Closing, Home	

## Baked Beans Alive!

