**THEME: Harvest**

**Outline**
The main theme of this programme introduces Beaver Scouts to breads from around the world and the bounty of earth’s harvest. There are opportunities to carry out some of the activities from the GLOBAL, CREATIVE, or FITNESS CHALLENGE.

<table>
<thead>
<tr>
<th>Programme zone: Global</th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Time (mins)</strong></td>
<td><strong>Activity</strong></td>
<td><strong>Equipment</strong></td>
</tr>
<tr>
<td>5</td>
<td>Register, Opening Ceremony, Introduction</td>
<td></td>
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</tbody>
</table>
| 10 | GAME: Vegetable Soup  
  o Beavers sit in a circle on the floor and each is given the name of a vegetable – carrot, potato, onion, turnip!
  o When their ‘veggie’ name is called they jump up and jump clockwise around the outside of the circle.
  o If the Leader shouts ‘vegetable soup’ everyone runs anti-clockwise!!
  o If the Leader shouts ‘bread roll’ everyone curls up into a tiny ball! | None |
| 5 | ACTIVITY: ‘Use your loaf!!’ Quiz  
  o Attach the true/false cards to opposite walls of hall.
  o When the Leader asks a question the Beavers decide if the answer is true or false and on the word ‘run’ they all run together to their choice. | Set of quiz questions  
  True /false cards  
  Blu tack |
| 10 | ACTIVITY: Breads from Around the World  
  o Allow the Beavers to sample a selection of breads from different parts of the world, discuss the various ingredients and the culture that they come from. Tesco/Sainsbury have good reasonably priced selections  
  o Baguette – France, Rye bread – Germany, Naan – Indian, Pitta – Greece, soda or potato - Ireland, ciabatta – Italy, along with wholemeal and sliced white loaf!! | Selection of breads  
  Napkins |
| 10 | ACTIVITY: Bread Beasties  
  o Give each Beaver a piece of ready made dough mix and some raisins for eyes, nose, etc. to make and decorate an animal of their choice.
  o Bake in oven as instructions, write names on baking parchment!
  o Place on paper plates to take home!! | Dough mix, raisins  
  Equipment as needed  
  Paper plates |
| 5 | STORY: The Little Red Hen  
  o Usborne First Readers have a simple colourful version.
  o There is a rather unusual version in The Stinky Cheese Man and other Fairly Stupid Tales by Jon Scieszka & Lane Smith published by Puffin ISBN 0-14-054896-3 | Story book |
| 10 | GAME: Combine Harvester  
  o Choose 2 Beavers to hold hands they are the ‘combine harvester’.
  o They run around trying to catch the other Beavers (the grain), when caught the Beaver is taken to the ‘farmer’ (the Leader) and waits until another Beaver is caught.
  o These 2 Beavers hold hands and become another ‘combine harvester’.  
  o And so the game continues until there is no grain left! | None |
| 5 | Closing, Home |   |
USE YOUR LOAF! QUIZ

1  Flour is usually made from the grains of a cereal crop called wheat?
TRUE - Flour made from wheat grain is most often used in the Western world - wholemeal flour uses the whole of the wheat and white flour has had most of the wheat germ and husk sifted out. Both breads are good for us but wholemeal is better!

2  Stems of wheat can be made into ‘corn dollies’ for good luck?
TRUE - 'Corn dollies' are different shaped decorations made from woven stems of wheat, dried and hung around farmhouses to bring good luck.

3  Each ear of wheat is made up of one big grain?
FALSE - Each ear of wheat is made up of forty to sixty grains and these have to be separated from the ears and stalks.

4  The Romans invented the water-mill, they also invented the windmill?
FALSE - Windmills came from Palestine, in the Middle Ages knights returning to Europe from the Crusades brought the idea back with them.

5  Yeast makes bread rise?
TRUE - Bread is made from a mixture of flour, water, salt and a special raising agent called yeast which, in the right conditions, gives off tiny bubbles of carbon dioxide gas, this makes the dough rise!

6  An English nobleman ate the very first sandwich in 1762?
TRUE - Lord Sandwich was a very keen card player and one day the game was so exciting he refused to stop for dinner. His servants brought him a piece of meat between 2 slices of bread - and hey presto! the first sandwich was invented!

7  Bread has always been cooked indoors?
FALSE - For hundreds of years, before ovens were invented, bread was cooked outdoors over an open fire. In some parts of the world it still is cooked this way, the dough is spread out over hot clay or metal heated on the embers of a fire.

8  Biscuits were first invented in Greece?
TRUE - The bakers of ancient Greece sweetened their bread with honey and raisins and discovered that if it was baked twice, it went crisp making delicious biscuits!

9  The expression ‘Baker’s Dozen’ means that there are 12?
FALSE - There are 13. Bakers used to be fined if their bread weighed light, so they would put 13 loaves in a batch just to be sure.

10 If someone is called ‘the bread winner’ it means they are a champion baker and win prizes for their bread?
FALSE - The expression 'the bread winner' means that someone is the main wage earner in a family.