

# **THEME: Mothering Sunday**

## **Outline**

This programme encourages Beaver Scouts to think of others and how they can help at home, it could be used as part of the PROMISE CHALLENGE.

<b>Programme zone: Beliefs &amp; Attitudes</b>		
<b>Time (mins)</b>	<b>Activity</b>	<b>Equipment</b>
5	Register, Opening Ceremony, Introduction	
10	<b>GAME: Mummy and Baby</b> <ul style="list-style-type: none"> <li>○ <i>Beavers stand in a large circle around the Leader.</i></li> <li>○ <i>The small (baby) ball is passed around the circle from Beaver to Beaver.</i></li> <li>○ <i>The Leader passes the large (Mummy) ball to a Beaver at random who must return to the Leader. If any player drops either ball or passes the wrong one, they are out and must sit down.</i></li> <li>○ <i>Play continues until only one Beaver is left standing.</i></li> </ul>	Large & small ball
5	<b>GAME: Housework muddle</b> <ul style="list-style-type: none"> <li>○ <i>Beavers sit in a circle and are named 'dust', 'vacuum' and 'polish' in turn</i></li> <li>○ <i>The Leader calls out 'names' at random and when called the 'dust' walk in slow motion clockwise round the outside of the circle, 'vacuum' hop clockwise and 'polish' must skate and slide round.</i></li> <li>○ <i>If the Leader calls 'spring clean' everyone jumps up and runs round!</i></li> </ul>	None
10	<b>ACTIVITY: 'A Promise from my heart!'</b> <ul style="list-style-type: none"> <li>○ Divide the Colony into 2 groups and rotate the 2 following activities</li> <li>○ Give each Beaver a Mothering Sunday promise card to complete, the Beavers make up promises they are going to keep to help at home – wash the dishes, dust the furniture, tidy their rooms!</li> <li>○ Send these home with a set of heart shaped stickers, when Beavers complete their tasks Mum can stick a heart on the card.</li> <li>○ NB this lets the children see that it is much nicer to be kind and helpful with their talents and time rather than spend money!</li> </ul>	Mothering Sunday promise card Art equipment Heart stickers
10	<b>ACTIVITY: Helping at Home</b> <ul style="list-style-type: none"> <li>○ Teach the Beavers how to do some of the tasks that would be helpful at home and provide appropriate equipment for them to 'have a go!'</li> <li>○ Wash the dishes, dusting, fold up clothes, use a dustpan and brush!</li> </ul>	Equipment as required for each task
5	<b>STORY: an amusing short story</b> <ul style="list-style-type: none"> <li>○ The Trouble with Mum by Babette Cole published by Picture Lions ISBN 0-00-662377-8</li> </ul>	Story book
10	<b>GAME: Mime Time</b> <ul style="list-style-type: none"> <li>○ <i>Beavers sit in a circle and take it in turns to mime doing a household task or something to help at home. Others guess what it is.</i></li> <li>○ <i>Leaders should have a few ideas in reserve if needed!</i></li> </ul>	None
5	Closing, Home	



**On Mother's Day Mum can have a rest  
Because I promise to do my best.  
All day I'll help around the house  
And be as quiet as a mouse!**

I promise to \_\_\_\_\_



I promise to \_\_\_\_\_



I promise to \_\_\_\_\_

