

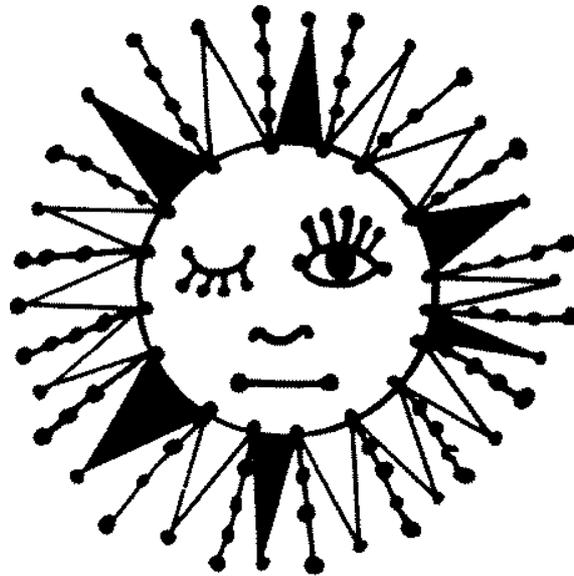
# **THEME: Mid Summer Solstice**

## **Outline**

This programme contains some fun activities to celebrate the longest day – around the 21<sup>st</sup> June!! Make the most of the long summer evening and hold the Colony meeting outside!

<b>Programme zone: Outdoor &amp; Adventure</b>		
<b>Time (mins)</b>	<b>Activity</b>	<b>Equipment</b>
5	Register, Opening Ceremony, Introduction	
10	<p><b>GAME: Sun Burn</b></p> <ul style="list-style-type: none"> <li>○ <i>The Colony stands in a circle around a Leader, who holds the 'sun', a yellow ball.</i></li> <li>○ <i>The Leader throws the 'sun' to the Beavers in turn around the circle and they must throw it back.</i></li> <li>○ <i>The Leader will then throw the ball to the Beavers in turn, but this time, they do not want to 'burn' and quickly head it back.</i></li> <li>○ <i>The Leader then throws the ball at random around the circle with the instruction, 'sun' (throw) or 'burn' (head) for the manner in which the ball must be returned.</i></li> <li>○ <i>The Leader may then change the instruction, so that the Beavers must return the ball in the opposite fashion - on 'sun' - they head it back and on 'burn' - they throw it back. Anyone making a mistake on this round should sit down in the circle.</i></li> </ul>	Large yellow ball
10	<p><b>GAME: Rising Sun</b></p> <ul style="list-style-type: none"> <li>○ <i>Divide the Colony evenly into groups of about 6 Beaver Scouts (depending on the size of your Colony).</i></li> <li>○ <i>Each team needs a bucket of water and an empty 2 litre drinks bottle. Place a yellow ping pong ball into the bottle!</i></li> <li>○ <i>Each Beaver has a small plastic drinking cup. The team stands in a straight line, spaced out between the bucket of water and the bottle with the ball in it.</i></li> <li>○ <i>The first Beaver fills the cup with water from the bucket, runs back and pours the water into the cup of the second Beaver, who then runs and pours the water into cup number three, and so on.</i></li> <li>○ <i>The last Beaver runs and pours the water into the bottle with the ball.</i></li> <li>○ <i>The process is repeated to make the yellow ping pong ball 'sun' rise!</i></li> <li>○ <i>The winning team is the one whose 'sun' rises to the top first!!</i></li> <li>○ <i>NB watch out for very wet Beavers!!!</i></li> </ul>	<p>Bucket of water per team. Empty 2 litre drinks bottle with part of the top cut off to allow a yellow ping pong ball to be placed in it Small plastic drinking cups – 1 per Beaver</p> <p>Old towels</p>
10	<p><b>STORY: tell the story of Icarus from Greek legend.</b></p> <ul style="list-style-type: none"> <li>○ Give the Beaver Scouts the names of the main characters in the story - Daedalus, Icarus, King Minos and Minotaur.</li> <li>○ Depending on the size of the Colony, seat them in a circle and name them in turn around the ring or divide them into teams and name them. When their 'name' is mentioned in the story, they either run around the outside of the circle or run up and down a specified area!!</li> </ul>	Story

10	<p><b>CRAFT: Sunshine Friendship Plate</b></p> <ul style="list-style-type: none"> <li>○ Beavers should trace round each other's hands onto the yellow and orange paper. Each Beaver should cut out about 8 different hands each.</li> <li>○ They then glue the cut out hands around the outside of the paper plate.</li> <li>○ Decorate the centre of the paper plate with a smiley sun face and colour the plate yellow!</li> </ul>	<p>Per Beaver – paper plate, yellow &amp; orange paper Pencils, scissors, glue Art materials</p>
10	<p><b>GAME: Eclipse</b></p> <ul style="list-style-type: none"> <li>○ <i>The Colony stands in a circle with their hands behind their backs.</i></li> <li>○ <i>Choose one Beaver to stand in the centre and be blindfolded or close their eyes.</i></li> <li>○ <i>The Beavers then begin to pass a red beanbag behind their backs around the circle.</i></li> <li>○ <i>The Beaver in the centre shouts 'eclipse' and immediately the beanbag stops moving round the circle.</i></li> <li>○ <i>The Beaver removes the blindfold or opens their eyes and must try to guess who has the beanbag behind their back!!</i></li> <li>○ <i>Keep going until everyone has had a turn in the centre!</i></li> </ul>	<p>Red beanbag</p>
5	<p>Closing, Home</p>	



## The Story of Icarus

Once upon a time, many, many years ago in the land of ancient Greece, there lived a father and his son. The father was called **Daedalus** and his son was called **Icarus**. **Daedalus** was a very clever inventor and craftsman; he worked for **King Minos** on the Island of Crete. **King Minos** had a son who was half bull and half human, he was called The **Minotaur**. Everyone was frightened of this fearsome beast, especially young **Icarus**.

The **Minotaur** was a dreadful beast, with the head and shoulders of a bull and the body of a man. It fed on human flesh and **King Minos** kept it under the palace in a maze called The Labyrinth. The Labyrinth was designed by **Daedalus**. No-one who entered The Labyrinth ever came out alive!

One day **King Minos** and **Daedalus** had a terrible argument. It was so bad that **King Minos** ordered **Daedalus** and his young son, **Icarus**, to be imprisoned in a tower of the Palace. Perhaps he even thought of feeding them to the **Minotaur**!

**Daedalus** planned a very clever escape. He made two sets of wings, from wax, thread and feathers - one for himself and one for **Icarus**. The wings worked and they flew out of the window of their prison and away from **King Minos**, his Palace and the ferocious **Minotaur**.

**Icarus** was thrilled at flying like a bird. **Daedalus** told him not to get carried away, '**Icarus**, be careful, we must keep flying to get away from **King Minos** and the terrible **Minotaur**.' **Icarus** would not listen to the warnings of **Daedalus**. He flew higher and higher, until he was so close to the hot fiery sun that the wax melted and his wings broke apart.

**Daedalus** tried to help his son but **Icarus** kept falling - the feathers from his broken wings fell like snowflakes on the Palace of **King Minos**. Down, down **Icarus** went, falling faster and faster through the air! **Daedalus** watched in horror as **Icarus** fell into the sea and drowned.

The sun blazed in a bright blue sky above the Palace of **King Minos** and in the cool, dark Labyrinth deep below the Palace the **Minotaur** slept.