

Suggested F2F Programme

Navigator Badge



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| 5 mins | Welcome / Promise |
| 10 mins | Game – ‘On The Spot Relay Race’
(In Socially Distanced Game Booklet) |
| 5 mins | Intro to Navigator Badge ‘Learn the four cardinal points of a compass’ – Explain North, South, East, and West to the group, e.g. Never Eat Shredded Wheat. |
| 5 mins | Game —Each side of the meeting place represents North, South, East and West. Everyone starts in the middle. Leader calls out a point on the compass and everyone must run to that place.
Additional directions; ‘broken compass’ (spin on the spot), ‘we’re lost!’ (pull confused face), ‘exploring!’ (walk with pretend binoculars). |
| 10 mins | Main Activity —Lay out cones 5 x 5. Mark a start cone and an end cone. They will work in pairs. One person will give directions and the other will follow. The only directions they can give are north, south, east or west. Get them to swap and change start cone and end cone each time. Have more than one set of cones set up so lots of pairs can go at once. |
| 10 mins | Finishing Activity —‘Wink Murder’ In Booklet. |
| 5 mins | Recap & introduce next week |

Total 50 mins

Resources : Cones, Compass Diagram, North, East, South & West Markers
(A4 Laminated pages)