

THEME: Rainbows

Have lots of fun with activities - all the colours of a rainbow!

An introductory activity can be used as the Squirrels arrive at the meeting place – colouring or simple puzzles can keep children occupied until all the Drey arrives or use a ‘joining-in’ style game, such as ‘The farmer wants a wife’ or a circle format ball game.

Add snack time where necessary!

TIME (mins)	ACTIVITY	EQUIPMENT
5	Welcome, Register, Opening Ceremony, Introduction to Programme	
10	GAME: Rainbow Run <ul style="list-style-type: none"> ○ <i>Line the Drey across one end of the hall</i> ○ <i>Give each Squirrel a piece of different coloured wool</i> ○ <i>When the Leader calls out a colour that child runs to the other end of the room and back again</i> 	Coloured pieces of wool
10	GAME: Parachute Fun <ul style="list-style-type: none"> ○ <i>The Drey stands around the edge of the parachute, either holding the handles or the outside edge firmly</i> ○ <i>Ensure that all children know which coloured portion of the parachute they are holding</i> ○ <i>Practise making the parachute rise high in the air and back down again</i> ○ <i>While the parachute is up in the air, a Leader calls out a colour the children holding that colour run underneath the ‘chute to change places with another child holding the same colour!</i> 	Parachute
10	CRAFT: Rainbow Pasta Jewellery <ul style="list-style-type: none"> ○ Pre-dye different pasta shapes with food colouring, experiment with types of pasta and colours as some colours are brighter and more attractive and some food colouring works better, Dr. Oetker brand can be oily! ○ Give each child a length of coloured elastic string, tape one end to the table as this allows the child to thread without the pasta slipping off the string ○ The Squirrels can choose their own selection of brightly coloured pieces of pasta to create necklaces, headbands, bracelets or belts! ○ Knot the ends of the string firmly when finished 	Pre-dye different types of hollow pasta – penne, rigatoni, etc. Food colouring Coloured elastic string Selotape
10	STORY: ‘Rainbow Colours’ from the Bunny and Bee series by Sam Williams published by Orchard Books ISBN 1 84362 185 1 Enjoy a colourful day with these two loveable little characters – Bunny and Bee! Bible stories also contain ‘rainbows’ – why not read the story of Noah’s Ark or Joseph and his wonderful coloured coat!	Story book



10	<p>GAME: The Coloured Rainbow</p> <ul style="list-style-type: none"> ○ <i>Designate an area across the hall to be ‘the coloured rainbow’</i> ○ <i>A Leader stands at one side of the rainbow and the Drey stand at the other</i> ○ <i>The Leader calls out ‘Squirrels can cross the coloured rainbow if they’re wearing/have.....’, use colours, items of clothing, badges, glasses, a dog at home, a baby sister, etc.</i> 	None
5	Closing, Home	

