

# THEME: Penguins

The cold weather makes us think of animals that live in polar regions – Arctic foxes, Polar Bears and Penguins. This Programme allows the Squirrels to have some fun on a Penguin theme!!

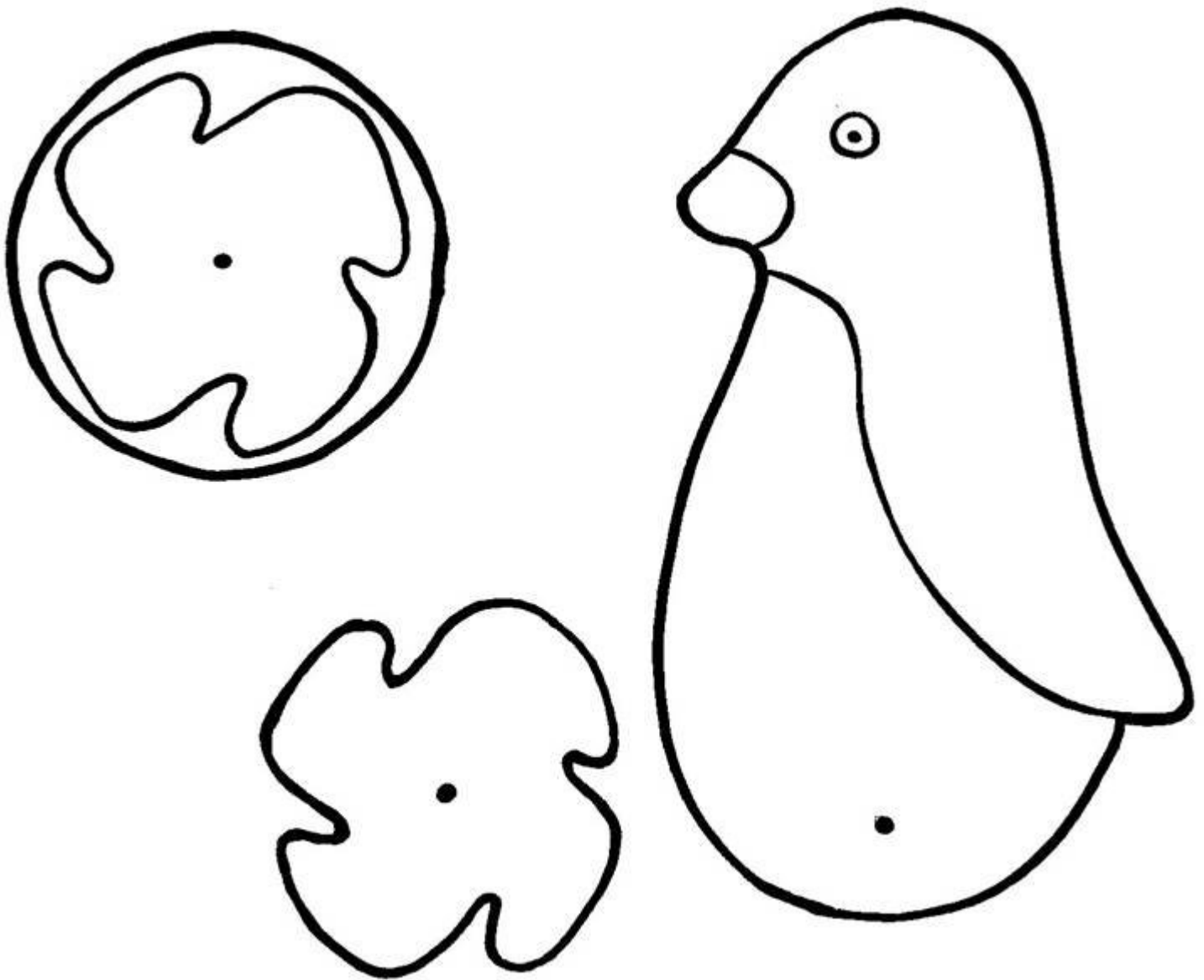
An introductory activity can be used as the Squirrels arrive at the meeting place – colouring or simple puzzles can keep children occupied until all the Drey arrives or use a ‘joining-in’ style game, such as ‘The farmer wants a wife’ or a circle format ball game.

Add snack time where necessary!

TIME (mins)	ACTIVITY	EQUIPMENT
5	Welcome, Register, Opening Ceremony, Introduction to Programme	
10	<b>GAME: Avalanche</b> <ul style="list-style-type: none"> <li>○ <i>Squirrels stand in a line across one end of the meeting place</i></li> <li>○ <i>On the word ‘run’ the Squirrels run to the other end</i></li> <li>○ <i>At the half way point a Leader rolls a ball across the room, any Squirrel hit with the ball stands out for the next run and then joins in again</i></li> </ul>	Soft football
10	<b>GAME: Penguin Relay</b> <ul style="list-style-type: none"> <li>○ <i>Divide the Drey into teams and players line up at one end of meeting place</i></li> <li>○ <i>In turn the players ‘waddle’ to the other end with the toy or bean bag placed on their feet – just as penguins carry their eggs on their feet</i></li> <li>○ <i>If Squirrels find this difficult they could run back to their own team</i></li> </ul>	Small Penguin soft toys or bean bags
10	<b>CRAFT: Walking Penguin</b> <ul style="list-style-type: none"> <li>○ Give each Squirrel the walking penguin pieces</li> <li>○ After colouring body and feet these can be attached together using a paper fastener</li> <li>○ The Squirrels can have fun making their penguin walk around the meeting place!</li> </ul>	Walking penguin template Art materials Paper fasteners
10	<b>ACTIVITY:</b> Have fun with some penguin rhymes	Words
10	<b>GAME: Penguin Hopscotch</b> <ul style="list-style-type: none"> <li>○ <i>Tape ‘rock’ shape card cut outs onto the floor</i></li> <li>○ <i>In turn the Squirrels throw a ‘fish’ – a beanbag - and then hop across the ‘rocks’ to ‘catch’ the fish!</i></li> </ul>	Beanbags ‘Rock’ shape card cut outs Masking tape
5	Closing, Home	



## Walking Penguin Craft



To make the Walking Penguin, each Squirrel needs a cut out body and cut out feet. These pieces can be printed or photocopied onto card – 180g/m<sup>2</sup> weight should go through most printers or photocopiers. It may be easier to use the circular feet template rather than cutting round the individual foot shapes. Use a skewer to make the holes for the paper fastener to secure the feet to the body.



## Penguin rhymes and songs

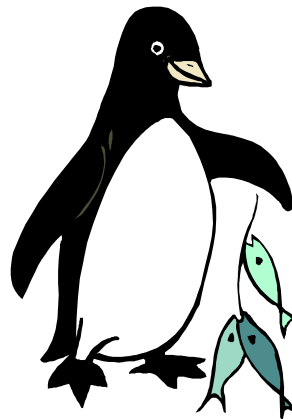
### I'm a little penguin

I'm a little penguin, short and cute  
Here's my tail and here's my foot  
I'm white like snow and black like soot  
I'm a little penguin, short and cute!

Look on websites for more penguin rhymes, visit [www.angelfire.com/dc/childsplay/penguins\\_theme.htm](http://www.angelfire.com/dc/childsplay/penguins_theme.htm)

### How much is that penguin?

How much is that penguin in the window?  
The one in the black and white suit  
How much is that penguin in the window?  
I do think that penguin's so cute!



### I'm a little penguin

I'm a little penguin in the snow  
I slide on my tummy to and fro  
I eat the fish from the deep blue sea  
I'm black and white, just look at me!

