

Menu Mix Up!



The Drey 'big art' activity in this Programme links to the Squirrel Smile Awards.

An introductory activity can be used as the Squirrels arrive at the meeting place – colouring or simple puzzles can keep children occupied until all the Drey arrives or use a 'joining-in' style game, such as 'The farmer wants a wife' or 'Duck, duck, goose' or a circle format ball game. Add snack time where necessary!

TIME (mins)	ACTIVITY	EQUIPMENT
5	Welcome, Register, Opening Ceremony, Introduction to Programme	
10	<p>GAME: Italy, Ireland or India</p> <ul style="list-style-type: none"> ○ Stick the country signs up around the hall ○ A Leader will call out a type of food and the Squirrels run to the country where they think that food is eaten ○ Foods called could include – pizza, soda bread, chicken curry, pasta, poppadum, lasagne, potato bread, spaghetti, stew, naan bread, barmbrack, etc.! ○ When they are at the sign discuss the food that was called – have they tasted it? Do they like it? 	<p>Signs - Italy, Ireland India Blutack</p>
10	<p>GAME: Pass the Pasta</p> <ul style="list-style-type: none"> ○ <i>Divide the Drey into small groups, seated on the floor. Each group with a member of the Leadership team</i> ○ <i>Each Squirrel has a plastic spoon – a Leader places a piece of pasta onto one Squirrel's spoon, this Squirrel has to pass the pasta on to the next Squirrel's spoon without dropping it and so on round the circle!</i> ○ <i>If the pasta gets dropped, it has to go back to the beginning again!</i> 	<p>Plastic spoons Dried pasta – shells or twists (conchiglie or fusilli)</p>
20	<p>ACTIVITY: Big Menu Mix Up!</p> <p>The ingredients for the menus of the chefs from all around the world have got mixed – rice and lentils from India has mixed up with pasta from Italy and couscous from the Middle East along with cereal and soup mix from Ireland!!</p> <p>Can the Squirrels make a 'big art' 'Menu Mix Up' creations using lots of different dry ingredients! Lots of PVA glue will be needed to stick the items on to the thick cardboard!</p>	<p>Large sheets of thick cardboard Newspapers PVA glue/brushes/etc. Dry foodstuffs – rice, lentils, pasta, couscous, cereals, soup mix</p>
10	<p>ACTIVITY: Eat it Up!</p> <p>Have fun with this version of 'Jelly on a Plate' from This Little Puffin compiled by Elizabeth Matterson published by Puffin ISBN 978 0 140 34048 8</p> <p>Finish the evening with a little taste test of some snack foods from different countries! There is a great selection in most supermarkets! <i>NB be aware of any allergies, check with parent/carers beforehand</i></p>	<p>Song words</p> <p>Selection of snack food items Napkins, wipes Serving dishes/tongs</p>
5	Closing, Home	



Eat It Up! (tune: *Jelly on a Plate*)

Naan bread in your hand, naan bread in your hand!
Eat it up! Eat it up! Naan bread in your hand!

Pasta on your fork, pasta on your fork!
Eat it up! Eat it up! Pasta on your fork!

Rice in your chopsticks, rice in your chopsticks!
Eat it up! Eat it up! Rice in your chopsticks!

Burger in a bun, burger in a bun!
Eat it up! Eat it up! Burger in a bun!

Stew in your bowl, stew in your bowl!
Eat it up! Eat it up! Stew in your bowl!

The Squirrels might like to think up their own verses and add them to the song!

Big Menu Mix Up!

